

# SERIOUS AFFIRMATION

## VALUED VALUES

Below is a list of qualities based on positive values. In silence, think about the members of your group and jot down their names next to the value that describes them best. Ask one person to listen while the others explain which value they selected for that individual. Then go to the next person and do the same until everyone is affirmed.

- \_\_\_\_\_ PURE IN HEART: Your life is marked with integrity before God and other people.
- \_\_\_\_\_ PEACEMAKER: You have a gift from God to help people overcome their differences.
- \_\_\_\_\_ TRANSPARENT: You can be yourself without any pretenses and let the light of Christ shine through you.
- \_\_\_\_\_ FAITHFUL: You are faithful to uphold God's morality even under pressure.
- \_\_\_\_\_ MERCIFUL / COMPASSIONATE: You have the ability to feel what others feel—to be happy or to hurt with them.
- \_\_\_\_\_ MEEK / GENTLE: You can be outwardly tender because you are inwardly strong.
- \_\_\_\_\_ SPIRITUALLY HUNGRY: I admire the longing in your heart for a growing, genuine relationship with God.
- \_\_\_\_\_ ALWAYS LOVING: You have a Christlike capacity to love others unconditionally—no matter what.
- \_\_\_\_\_ COMMUNITY BUILDER: God uses you as a bond to bring people together in unity.
- \_\_\_\_\_ HUMBLE: I admire the quiet way you demonstrate what humility is all about.
- \_\_\_\_\_ GENEROUS: You give freely, not for attention or praise—but for the simple joy of giving.
- \_\_\_\_\_ CONTENTED: You know your worth is based on who you are rather than on what you have.
- \_\_\_\_\_ JOYFUL: Regardless of the circumstances, you have a smile on your face and a positive outlook about life.
- \_\_\_\_\_ PATIENT: You never seem to be in a hurry or to get irritated by others.