

WHAT'S IN? WHAT'S OUT?

Prepare **two sheets of poster board**, one labeled *What's In?* and the other *What's Out?*

Ask group members to suggest TV shows, movie stars, musicians, hairstyles, clothing styles, celebrities, foods—*whatever*—that are currently both “in” and “out.” List these on the appropriate sheets of poster board. Expect some disagreement. Let group members debate these disputed suggestions. After a dozen or more items have been listed on each poster, discuss:

- Which of our “out” items were once “in”? Which “in” items were once considered “out”?
- What determines whether something is “in” or “out”?
- To what extent is what is “in” or “out” determined by the media (television, movies, music videos, magazines, advertising, etc.)? by our friends? by our own choices?
- In what ways can following (or *not* following) what is “in” or “out” unite us with people? separate us from people?
- In what ways can following (or *not* following) what is “in” or “out” help us accept ourselves? *not* accept ourselves?
- In what ways can following (or *not* following) what is “in” or “out” bring us closer to God? keep us from God?