

See the big picture Give respect to get respect

Think before you act Learn to manage vour anger

11. Exhibit tolerance

9.

Talk to someone you trust Listen & Understand What would your

6. 7. 8.

13. Lead, don't follow 14. Adjust your attitude 15. Remember your faith 16. Think about your future

12. Speak with a professional

17. Know the consequences

18. Get involved at school. in your community

19. Who you are really hurting?

20. Stay in school

21. Surround vourself with

positive people

23. Negotiate

family say? Tell the truth 10. Speak up Believe in vourself