Why You Do Not See or Accept Your Victimizing Behaviors

- 1. Because you do not intend to be hurtful.
- 2. Because those words or actions have been used toward you and you think it is okay then to say or do the same to others.
- 3. Because you have not learned that certain words or actions are hurtful.
- 4. Because you do not want to be responsible or accountable for your behavior.
- 5. Because you think the person deserves it and you are justified in doing it.
- 6. Because it's okay since the person is not smaller, weaker or younger than you.
- 7. Because you didn't start it.
- 8. Because you were only jumping into something between other people.
- 9. Because you do it to feel powerful and controlling.
- 10. Because you do not see the same thing as hurtful if it is done to you.
- 11. Because you are only helping a friend.
- 12. Because' you do not see who you are hurting.
- 13. Because you do not like the person.
- 14. Because you feel like it or are bored.
- 15. Because the person set themselves up.
- 16. Because you do not believe (think) your actions hurt someone.
- 17. Because it's fun or exciting.
- 18. Because you only care about yourself.
- 19. Because you want to see if you can get away with it.

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