## A Penny for Your Thoughts

This effective activity gets young people into discussions. Ask each of them to bring twenty pennies and a nickel to the next discussion (topical or general sharing of ideas). Have them sit in a circle around a basket or a bowl. Pose a question and ask each person in the circle to toss in a penny for his or her thoughts on the subject and to share one sentence on it with the group. Explain that if someone wants to interject more than just a sentence, he or she is really putting in his or her two-cents-worth and must put in two cents. Also tell them that if a person cannot think of anything to say, he or she may "four-feit" by throwing in a nickel and taking a penny. Only one four-feit per person is allowed.

When the discussion is over, the money collected can go to a worthy cause.

