

Anatomy Shuffle

Have the group pair off and form two circles, one inside the other. One member of each couple is on the inside circle, the other is on the outside circle. The outer circle begins traveling in one direction (clockwise) and the inner circle goes in the opposite direction (counter-clockwise). The leader blows a whistle and yells out something like "Hand, ear!" On this signal, the inner circle group must find their partners and place their hand on their partner's ear. Last couple to do so is out of the game. The leader calls out all sorts of combinations as the game progresses, such as:

"Finger, foot!"

"Thigh, thigh"

"Elbow, nose"

"Head, stomach"

"Nose, armpit" (just for fun)

The first thing called is always the inner group's part of the body. Then each inner group person must find their partner, who stands in one position (they cannot move after the whistle blows) and touches their part of the body to the second item called on the partner. The last couple to remain in the game wins (be sensitive in using co-ed couples).

