

Perch On the Perch

Split into two groups. One group forms a circle facing out. The other group forms a circle around the first circle. Pair off—one person from the INNER circle and one person from the OUTER circle—making partners. At the whistle, the INNER and OUTER circles move in opposite directions.

When the whistle blows a second time, the people in the OUTER circle kneel where they are on one knee, and their partner from the INNER circle runs from wherever they are and “perches” on their partner’s knee. The LAST “couple” to perch is the winner.

The second round begins with the whistle. Circles move in opposite directions. When the whistle blows, the INNER circle kneels where they are and their partners in the OUTER circle run and perch on their knees. The last couple to perch is the winner. Repeat this procedure until a winning couple is determined.

