

Blind Volleyball

Divide the players into two equal teams. The two teams then get on different sides of a volleyball court and sit down on the floor in a row, as in regular volleyball. The "net" should be a solid divider that obstructs the view of the other team, such as blankets hung over a regular volleyball net or rope. The divider should also be low enough that players cannot see under it. Then play volleyball. Use a big, light plastic ball instead of a volleyball. Regular volleyball rules and boundaries apply. A player may not stand up to hit the ball. The added dimension of the solid net adds a real surprise element to the game when the ball comes flying over the net.

Another version of the game is to play regular volleyball, but keep the net covered with a blanket or sheet. Heads up!

