

# CHANGE OVER

**TIME** 25–35 minutes

## SUPPLIES

- › An old tarp or sheet that can be walked on (large enough to fit team members standing together)

**SAFETY NOTE** Players are not allowed to stand on each other's shoulders.

**THE GAME** Ask the team to stand together on the tarp. Without stepping off the tarp, players must turn the tarp completely over and remain standing on the tarp the entire time. As players problem-solve, intervene if they explore any unsafe solutions (such as sitting on shoulders).

## GOING DEEPER

- › What strategies did you consider to solve this puzzle?
- › How effectively did you and your teammates work together?  
What could you have done differently?
- › Are there any ways you'd like to see the group change?
- › What would you like to change in your life?