

Happy Handful Relay

This relay may be easily adapted for indoor or outdoor use. Assemble two identical sets of at least 12 miscellaneous items (i.e. two brooms, two balls, two pillows, two rolls of bathroom tissue, two ladders, etc.). Use your imagination to collect an interesting variety of identical pairs of objects. Place the two sets of objects on two separate tables.

Line up a team for each table. The first player for each team runs to his table, picks up one item of his choice, runs back to his team, and passes the item to the second player. The second player carries the first item back to the table, picks up another item, and carries both items back to the third player. Each succeeding player carries the items collected by his teammates to the table, picks up one new item and carries them all back to the next player. The game will begin rapidly, but the pace will slow as each player decides which item to add to a growing armload of items. It will also take increasingly longer for one player to pass his burden to the next player in line.

Once picked up, an item may not touch the table or floor. Any item which is dropped in transit or transfer must be returned to the table by the leader. No one may assist the giving and receiving players in the exchange of items except through coaching. The first team to empty its table wins.

