



## inchworm

All you need for this simple game is a bunch of plastic cling wrap.

Individually, wrap three teenagers in plastic wrap from neck to ankles—use enough that they can wiggle their bodies, but not enough that they can get their hands free. Lay the contestants on their sides with three apples in their mouths. At the start of the game, the apples will be at the top of the head. The goal is to get the apples to the bottom of the feet.