KICK-OFF SENTENCES

ne of the quickest and easiest ways to get a conversation started is to give a group a list of half-finished sentences to complete. The best sentences to use are ones that are nonthreatening and yet give people a chance to share some interesting facts and insights about themselves.

MY FAVORITES

Get together with one or two other people and take turns finishing the following sentences.

- 1. My favorite time of day is ...
- 2. My favorite room in the house is ...
- 3. My favorite holiday of the year is ...
- 4. My favorite kind of literature is ...
- 5. My favorite color is ...
- 6. My favorite style of music is ...
- 7. My favorite season of the year is ...
- 8. My favorite sports team is ...
- 9. My favorite TV show is ...
- 10. My favorite pastime is ...



MY OUTLOOK ON LIFE

Get together with one or two other people from your group and complete the half-finished sentences below to share your outlook on life. When you are through, let your partners do the same.

- 1. If I'm bored at a party, I will usually ...
- 2. At halftime in a basketball game when my team is way behind, I'm likely to ...
- 3. My mood right now is ...
- 4. When I get really excited, I usually ...
- 5. When I'm really down, I usually ...
- 6. People who know me best will tell you I am ...
- 7. The best thing happening right now is ...
- 8. My biggest concern right now is ...

MY FANTASY WORLD

Get together with one or two other people from your group and answer the questions below. When you are through, let your partners do the same.

- 1. If you could be a famous person, who would you choose to be?
- 2. If you could have a dream car given to you, what would you choose?
- **3.** If you could join a circus, what would you like to be?
- 4. If you had unlimited cash to blow on one glorious vacation, where would you go, and what would you do?
- 5. If you could live at any time in history, what period would you like to live in?
- 6. If you could live anywhere in the world, where would you like to live?

DOWN MEMORY LANE

Get together with one or two others from your group and take a walk down memory lane. One of you begin by completing the first sentence, then take turns going through the list.

- 1. My favorite TV program when I was in grade school was ...
- 2. My best subject in grade school was ...
- 3. My first pet was ...
- 4. The chore I hated to do was ...
- 5. My first big trip or vacation was ...
- 6. The adult who took time to play with me was ...
- 7. My favorite thing to do on a summer day was ...
- 8. The fun thing we often did as a family when I was in grade school was ...
- 9. The person who helped me with my homework was ...
- **10.** The first thing I remember wanting to be when I grew up was ...
- 11. My hero at age 7 was ...
- 12. My favorite food or dessert was ...
- **13.** The best Christmas present I received was ...

MY DAILY ROUTINE

Everybody gets 24 hours a day. It's how you use those hours that counts. Get together with one or two others and explain your daily routine by finishing the sentences below. Then, reverse the roles and let your partner explain their daily routine.

- 1. I usually get up around ...
- 2. I usually start the day by ...
- 3. For breakfast I usually have ...
- 4. My most creative time of the day is ...
- 5. I get home from school or work around ...
- 6. To unwind I usually ...
- 7. My biggest meal is generally at ...

- 8. My favorite thing to do in the evening is ...
- 9. On the average, I watch about _____ hour(s) of TV.
- **10.** I wish I could spend more time each day ...
- 11. I usually go to bed around ...
- **12.** It takes me about _____ minutes to fall asleep.

