

**Magazine Collage:** Give the group the following instructions: “Leaf through a pictorial magazine or daily newspaper and tear out some pictures, words, slogans, want ads, etc. that reveal who you are: (1) Your interests, (2) your self-image—how you see yourself, (3) your special abilities, and (4) your outlook on life. After 10 minutes, collect your “tear-outs” and paste them on a sheet of newsprint or poster paper. Then, get together with one or two others and explain your ‘self-portrait.’ ”

**Blind Volleyball:** Divide the players into two equal groups. The two teams then get on different sides of a volleyball court and sit down on the floor in a row, as in regular volleyball. The “net” should be a solid divider that obstructs the view of the other team, such as blankets hung over a regular volleyball net or rope. The divider should also be low enough that players cannot see under it. Then play volleyball. Use a big, light plastic ball instead of a volleyball. Regular volleyball rules and boundaries apply. A player may not stand up to hit the ball. The added dimension of the solid net adds a surprise element to the game when the ball comes flying over the net.

**Suitcase Relay:** Divide the group into equal teams—as many boys as girls. Give each team a suitcase. In each suitcase is a lady’s dress and a man’s suit—complete with shirt and tie. On the word “GO,” a first couple (guy and girl) from each team must run with their suitcase to the opposite end of the room, open the suitcase, and put on everything in the suitcase—the guy putting on the lady’s dress and the girl putting on the man’s suit. Then they carry their suitcase back to the starting line and take off the dress and suit. Put the clothes back into the suitcase and hand the suitcase to the next couple. The first team to complete the relay wins.