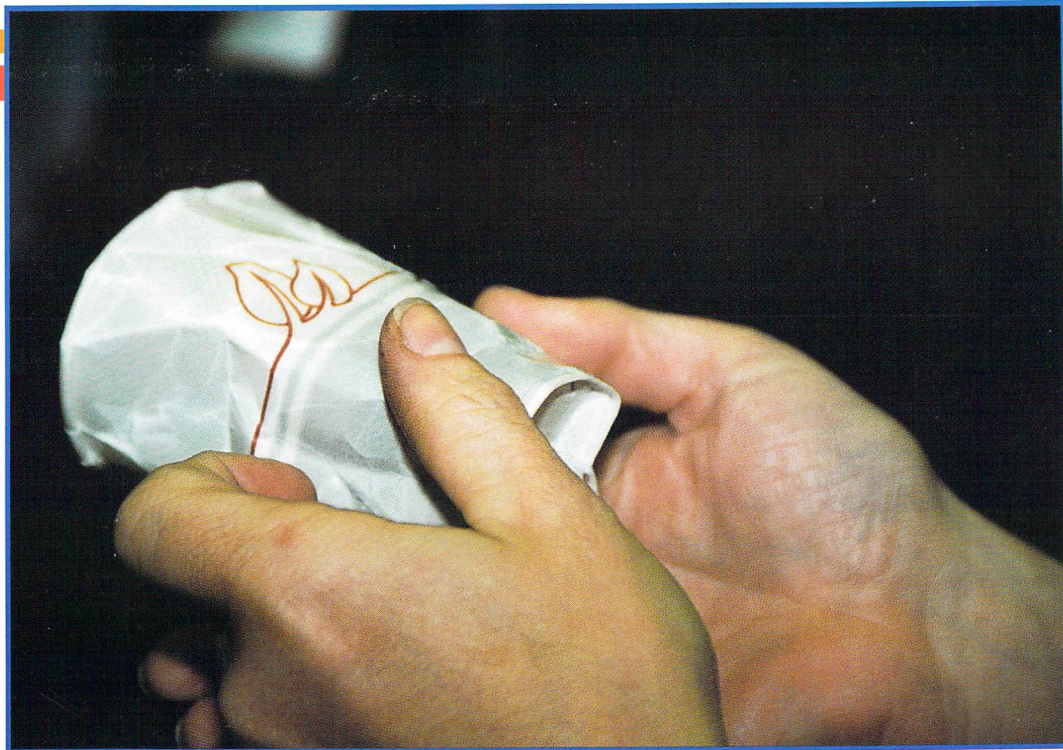
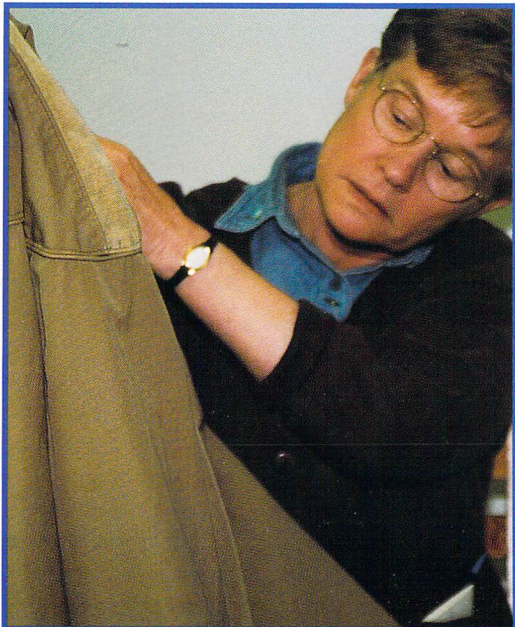


# NONVERBAL STATEMENTS

There is more than one way to express yourself ... and sometimes the best way is not with words. This is especially true when it comes to explaining how you feel about something important, how you feel about yourself, or how you feel about God.

We have discovered that you can help a person get in touch with their feelings by giving them an inanimate object with which to role-play. By action, without saying a word, they can share what they are feeling on the inside about a given subject.



## PASS THE CUP

Give each group of 8 a paper cup. Ask one person in the group to do to the cup what they would like to do to the institutional church (anything from kissing it to ripping it open). Then, without comment, that person passes the cup to the next person. The second person considers the state in which they receive the cup (the church) and does what they would like to do. The cup is passed around until everyone in the group has expressed their feelings. Then break the silence and talk about your feelings during the activity.

## PASS THE COAT

Give each group of 8 a heavy coat. Ask one person to take the coat and do something with it that represents what they would like to see happen to themselves during the group time.

Then, without comment, they pass the coat to the next person, etc., until everyone has treated the coat according to what they would like to see happen to themselves. Then pass the coat around a second time and let each one explain what they did.

## PASS THE CHALICE

Pass a chalice around the group, having each person do with it as they would like to do with Jesus Christ. Pass the chalice a second time and let everyone explain what they did.

Another possibility is to have a towel, a hard roll and a cup of juice. Each person, in turn, uses the three articles to minister to the others in the group in the way they feel Jesus would minister to them.