

# OPPOSITE ENDS

**TIME** 20–25 minutes

## SUPPLIES

- › Masking tape
- › List of word pairs

**SET UP** Mark the floor with one line of tape. Create a list of opposite words or phrase pairs. For instance:

- › Comic book/horror book
- › Work/fun
- › Sitting/running
- › Fast food/home-cooked meal
- › Action movie/romantic comedy
- › Spontaneous/planned
- › Day in the country/day in the big city
- › Quiet, calm evening/big loud party

**THE GAME** Gather players around the center of the room and read aloud pairs of words or phrases. Tell the group to choose the phrase in each pair that best reflects their experience of time spent with the group. If they choose the first option, players move to the left end of the continuum (the line of tape). If they choose the second word, they'll move to the right end of the continuum. Call on a few volunteers after each word pair to explain why they're standing where they are.

## GOING DEEPER

- › Why do you think people can go through the same experience and have different reactions?
- › What have we learned about ourselves as a group?
- › How can we learn to accept differences in each other?
- › What can we do to make our time together even better next time? More fun?
- › What would help make it more meaningful?