

the left shoe should be passed to the left. Remind kids they may not kick the shoes around the circle or pick them up. They must slip each shoe over the toe of their own shoe to pass it along. If a shoe is dropped, it must be picked up by the person who dropped it using his or her feet only. Time how long it takes for the volunteer to receive the shoes back.

For fun, have multiple volunteers pass shoes at the same time. This gets interesting when shoes cross paths.

PASS THE SHOE

Place all the chairs in a tight circle.

Explain that kids will pass a person's shoes around the circle. The trick is that kids may use only their feet to pass the shoes.

Ask for a volunteer or pick someone. Have this person slip off his or her right shoe and pass it with his or her feet to the right. That person must then pass it to the next person in the circle. Meanwhile,