GGYBACK CHAIRS

Have kids sit in chairs in a circle.

Tell kids to quickly move to a new chair on your signal (a whistle or a yell). Move kids around a few times before continuing with the next portion of the game.

After kids have moved around a bit, give them this new rule: When they hear the signal, kids must each sit on a chair with another person (one person on the other's lap). Play this way for a while, telling kids they must have a new "partner" each time they change seats.

Keep things moving, and encourage kids to be seated quickly.

After playing this way for a few minutes, you can increase the number of people per chair to three, four or five. But be sure the chairs your kids are using won't break or fold under the weight of a large group.

This is a fast-paced activity which gets everyone involved quickly and does not require any special tools or a whole lot of space. And it's a fun way to form groups for discussion. After kids sit in piles of three or four a few times, have them stay with their last piggyback partners to form a discussion group.