> explain why.
1.
2.
3.
4.
5.
6.
7.
8.
9.
10. three most important items on your list and After 30 seconds, in groups of 4 , share the take. (Assume the children and pets are safe.) down the specific items that you would try to imagination, run through every room and jot with you if your house caught on fire. In your Jot down the items you would grab and take FIRE DRILL
to share
their thoughts for a few seconds before having Pop Quiz. It gives people a chance to collect - ence, one of the best approaches is the be used as a basis for a sharing experi-

- o bring out information in a hurry that can


## 㮣



Recently:

 -woose ınoर әıeपs 't fo sdnoג6 u! 'uəu1 soap box derby. have won a hopscotch contest or placed in a when you were between 7 and 12 you may each of the age periods given. For instance
 SUCCESS ANALYSIS



 the five things most important to you. Then get can only take half the number of items. Check
 cal in a primitive society. license and put down things that are impractiyour dog, etc. You are free to use literary powered engine, golf clubs, your scrapbook, organic gardening, a motorcycle with a solarmicrowave oven, your guitar, a textbook on You might list a stack of books, a noर 4!! over. Think of 10 things you would want to take
 Close your eyes and imagine yourself packing

## GOAL SETTING WITH A PLAN

In this exercise, you can sort through the major concerns in your life and come up with specific goals and plans of action.

In the first column below, jot down the major concerns in your life-such as deciding where to go to college ... what to major in ... looking for a new job ... paying off your debts. Then, rank these concerns, $1,2,3$, etc., in order of priority.

Next, take the number 1 concern and write in the middle column the things you wish you could do about this. Don't let lack of time, money, ability or opportunity deter you from jotting something down. For instance, if "building a bridge of communication between the black and white community" is your number 1 concern, you might put down: I wish I could get some of these people together in my home for a talk; I wish I could convince the news media to report on the good things that are going on; I wish I could get on the school board; etc. Now rank these 1, 2, 3 , etc., in order of urgency or procedure.


Finally, in the last column, write down the plan you would like to follow in carrying out these priorities. Where appropriate, include
quotas, deadlines, dates, etc. Get together with two or three others and share how you arrived at your plan of action.

## PROJECTION EXERCISE

Jot down in the space provided what you recall as your major (a) interest, (b) problem, and (c) hope or dream when you were in the sixth grade.

## WHEN I WAS IN THE SIXTH GRADE

Interest: $\qquad$
Problem: $\qquad$
Hope: $\qquad$ Hope: $\qquad$

Next, consider your life right now and fill in the same three categories. Then, project yourself 10 years into the future and jot down what you feel will be true then.

## RIGHT NOW IN MY LIFE

Interest: $\qquad$
Problem: $\qquad$

In groups of 2 to 4, share your feelings about those areas when you were in the sixth grade. Go around the group again and share your present feelings and then your future outlook.

TEN YEARS FROM NOW
Interest: $\qquad$
Problem: $\qquad$
Hope: $\qquad$

## HERO ANALYSIS

Jot down one or two heroes for each of the age periods given below. For instance, when you were between 7 and 12 years old your heroes may have been Mighty Mouse and Abraham Lincoln.

Then, in groups of 4, share your heroes and explain what they reveal about your changing values.

Age 7-12: $\qquad$

Age 13-17: $\qquad$

Age 18-30: $\qquad$

Right now: $\qquad$



