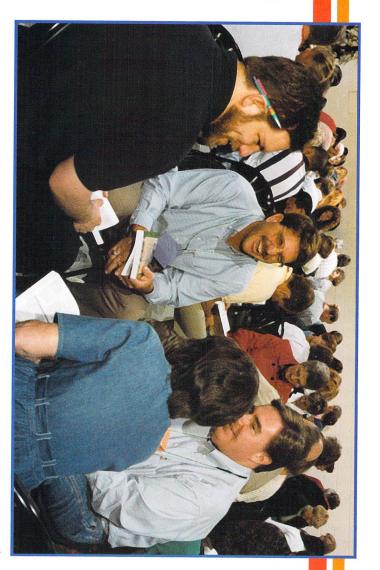
### POP QUIZZES

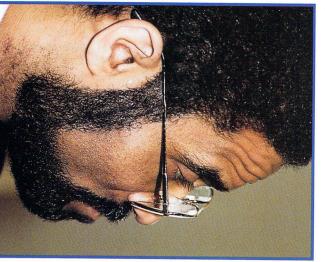
be used as a basis for a sharing experience, one of the best approaches is the Pop Quiz. It gives people a chance to collect their thoughts for a few seconds before having to share.

## FIRE DRILL

Jot down the items you would grab and take with you if your house caught on fire. In your imagination, run through every room and jot down the specific items that you would try to take. (Assume the children and pets are safe.) After 30 seconds, in groups of 4, share the three most important items on your list and explain why.

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# SUCCESS ANALYSIS

Jot down your biggest accomplishment for each of the age periods given. For instance, when you were between 7 and 12 you may have won a hopscotch contest or placed in a soap box derby.

Then, in groups of 4, share your accomplishments and explain how they reveal your changing values.

Age 13–17:
Age 18–30:
Recently:

## **FAMILY FUN TIMES**

Quickly try to jot down 10 things your family enjoys doing together, such as camping, playing ball, eating popcorn, etc. Now, beside each activity, put the symbols that apply.

\$—if it requires more than \$10

T—if it requires traveling over 100 miles

O—if it brings your family closer together

+—if it brings your family closer to God

—if your family has done it in the last three months

Next, put a circle around your three favorite activities. Then, get together with one to three others and share your choices.

# MY FAMILY LIKES ...

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## MOON TRIP

Close your eyes and imagine yourself packing for a trip to an uncivilized planet to start life over. Think of 10 things you would want to take with you.

You might list a stack of books, a microwave oven, your guitar, a textbook on organic gardening, a motorcycle with a solar-powered engine, golf clubs, your scrapbook, your dog, etc. You are free to use literary license and put down things that are impractical in a primitive society.

Now the load must be lightened, so you can only take half the number of items. Check the five things most important to you. Then get together with a couple of others and share what you chose.

# TEN THINGS I'D LIKE TO TAKE:

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### **GOAL SETTING WITH A PLAN**

In this exercise, you can sort through the major concerns in your life and come up with specific goals and plans of action.

In the first column below, jot down the major concerns in your life—such as deciding where to go to college ... what to major in ... looking for a new job ... paying off your debts. Then, rank these concerns, 1, 2, 3, etc., in order of priority.

Next, take the number 1 concern and write in the middle column the things you wish you could do about this. Don't let lack of time, money, ability or opportunity deter you from jotting something down. For instance, if "building a bridge of communication between the black and white community" is your number 1 concern, you might put down: I wish I could get some of these people together in my home for a talk; I wish I could convince the news media to report on the good things that are going on; I wish I could get on the school board; etc. Now rank these 1, 2, 3, etc., in order of urgency or procedure.



Finally, in the last column, write down the plan you would like to follow in carrying out these priorities. Where appropriate, include

quotas, deadlines, dates, etc. Get together with two or three others and share how you arrived at your plan of action.

MY MAJOR CONCERNS

I WISH I COULD

MY PLAN OF ACTION

### PROJECTION EXERCISE

Jot down in the space provided what you recall as your major (a) interest, (b) problem, and (c)

hope or dream when you were in the sixth grade.

Next, consider your life right now and fill in the same three categories. Then, project yourself 10 years into the future and jot down what you feel will be true then.

In groups of 2 to 4, share your feelings about those areas when you were in the sixth grade. Go around the group again and share your present feelings and then your future outlook.

WHEN	LWAS	IN THE	SIXTH	<b>GRADE</b>
V V I I L I V	1 4470	111	OIXIII	OI II ID L

Interest: Problem: Hope:

#### RIGHT NOW IN MY LIFE

Interest:\_\_\_\_\_ Problem: \_\_\_\_\_ Hope: \_\_\_\_\_

### TEN YEARS FROM NOW

Interest:\_\_\_\_\_ Problem: \_\_\_\_\_

### HERO ANALYSIS

Jot down one or two heroes for each of the age periods given below. For instance, when you were between 7 and 12 years old your heroes may have been Mighty Mouse and Abraham Lincoln.

Then, in groups of 4, share your heroes and explain what they reveal about your changing values.

Age 7–12:
Age 13–17:
Age 18–30:
Right now:

