

Rhythm

Have everyone in your group count off in a circle (1, 2, 3, 4, etc.) with the number one person in the end chair. The “rhythm” is begun by the number one person and everyone joins in by first slapping knees, clapping hands, then snapping right-hand fingers, then snapping left-hand fingers in a continuous 1-2-3-4-1-2-3-4-1-2-3-4, etc. motion at a moderately slow speed. (It may speed up after everyone learns how to play.) The real action begins when the number one person, on the first snap of the fingers, calls out their own number, and on the second snap of the fingers, calls somebody else’s number. For example, it might sound something like this (slap)(clap) “ONE, SIX!” and then the number six person (as an example) might go: (slap)(clap) “SIX, TEN!” and then the number 10 person would do the same thing, calling out someone else’s number on the second finger snap, and so on. If anyone misses, they go to the end and everyone who was after that person moves up one number. The object is to eventually arrive at the number one chair.