

SHOESTRING HOP

Here's a fun game to make refreshment time interesting.

Form a circle. Place at least one doughnut for each participant at various places around the room—out of kids' reach. Give two shoelaces to kids who aren't wearing shoes with laces.

On "go," have kids each connect their shoes with the shoes or ankles of the people on either side of them—using their shoelaces. Then have the tied-together group hop around the room, collecting a doughnut for each person in the circle. As kids each get a doughnut, they must hold it in their mouth while the group hops around collecting other doughnuts.

Once each person is holding a doughnut in his or her mouth, kids may sit down, untie their shoes and eat their doughnuts.

