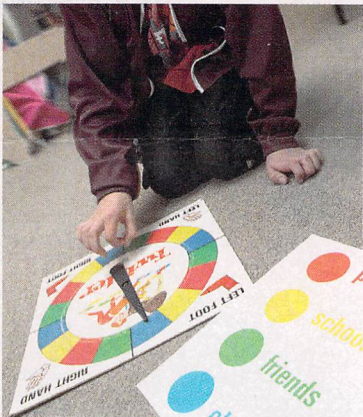


discussion starter

spin the wheel



Use a color code to spur discussions and questions with your teenagers.

First get a spinner from a Twister game. Then create a sign that includes each of the four colors and a topic associated with it. For example: Red is for "Parents or a Current Event," Yellow is for "School or Open Topic," Green is for "Friends or Youth Issues," and Blue is for "Church or Bible." The group sits in a circle, and anyone who wants to can spin the wheel and, depending on the color it lands on, ask a question or bring up a topic for discussion. The person to the right of the "asker" begins and can either pass or speak. We try to keep a time limit of five minutes for each topic, but it fluctuates based on the how the discussion is progressing and the seriousness of the topic. There are some golden rules we follow in these discussions: We agree to respect each other's opinions, we agree to participate without arguing, and we agree to speak only in love.

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