

Square Relay

Eight to 12 people are seated in chairs without arms on each side of a square. There is one chair in the center of the square. (The circled dots in the diagram are leaders of each side, A-D.)

At a signal each leader hurries to the center chair and goes around it and sits in the last chair on their side (follow on the diagram the route of A). The last chair is vacant because as soon as the leader leaves their place, everybody slides into the next chair. Thus, number two is now number one. The new number one hurries to the middle chair while their side does the sliding act again, leaving the last chair vacant for the new number one. Now the third person is on their way. The procedure is constant running and sliding. The side that has the original leader back in their position and everybody seated in the order in which they began wins.

Now play it again with this variation: Give the leader on each side a ball or other object. When they sit down in the last chair they pass the ball down the line to the first one waiting to run. This one cannot run until they get the ball. The person on the side must handle the ball. The procedure is the same as before. The only difference is that the one occupying chair number one cannot run until they get the ball.

