

● **Standing Long Jump**—Give kids each two tries to see how far they can jump from a standing position. Deduct kids' heights from the length of their jumps. The person who jumps the farthest combined distance wins.

For each event, award 5 points for first place, 4 for second, 3 for third, 2 for fourth and 1 for competing. Total the event scores at the end of the competition. Give kids with the three highest overall scores gold, silver and bronze "medals" made from painted paper plates and yarn.