

The Wave

The Wave is a popular cheer at sports events in large stadiums across the country. Usually the people in one section of the stadium begin the wave by jumping up, throwing their hands up in the air, and letting out a cheer. The next section follows suit, and this continues all around the stadium in a kind of domino effect. (Trivia buffs will be interested to know that the Wave is said to have originated at the University of Washington.)

The Wave can also be done on a much smaller scale. If you have an auditorium full of people, divide the group into two sections, and try it by rows. Have the first row in each section begin by standing up and letting out a cheer. Have the second row follow, then the third, and so on, to the last row. Tell the participants that when the wave reaches the last row, they should send it in the reverse order to the front. See which side can complete the wave first.

With smaller groups, have the young people do the Wave one *person* at a time. Set it up to go down rows of chairs or around a circle. It really looks crazy when done around banquet tables.