

Touch

The leader yells out the name of an object and all the participants run to that object, touch it, and then return to their original place (in line). Objects such as wood, paint, glass, door, grass, tree, me, book, etc. can be called. Participants are not permitted to use any objects they are wearing, but they can use what others in the group have on them. After the group has warmed up you can keep eliminating the last one to return to their spot until you have only one remaining.

