

**Big Idea:** Tell them how much you care by writing on their shirts

**Supplies Needed:** fabric paints, hair dryer, plain white T-shirts (asks your teenagers to bring their own)

**Age Level:** middle school or high school

This fun activity will help your teenagers bond. Invite all the students to bring in a plain white T-shirt. Purchase \$5 of fabric paints from a discount store like Hobby Lobby, and then invite the teenagers to create a “front” to their T-shirts—words, symbols, and drawings that represent who they are.

Allow these to dry (help the process along with a hair dryer). Then invite the teenagers to sign the back of one another’s T-shirts or write a message, a favorite Scripture, or a slogan.

This activity can help unify your group and be used to launch a retreat, a mission trip, or a fun outing. From time to time, wear the T-shirts as a group and celebrate the spirit of unity.