

WATERMELON OLYMPICS

Here's a good event for the summer. Have a Watermelon Olympics for the whole family. Each family brings one watermelon and a picnic lunch.

- **Watermelon Grab.** Hide all the watermelons (similar to an Easter egg hunt) and then divide into two groups—the grabbers and the taggers. The grabbers go out and try to locate and bring back a watermelon to home base without being tagged by the taggers. If they are tagged they must put the watermelon down on the spot where they were tagged and go to jail for three minutes. Grabbers can only be tagged while carrying a watermelon. See how many watermelons can be successfully brought into home base within a given time limit, then switch sides.

- **Watermelon Sack Race.** This is just like a regular sack race except the contestants must carry a watermelon along with them as they hop along with both feet in the sack.

- **Watermelon Balance.** Each team is given a watermelon and a tennis racket. Players must carry the watermelon on the head of the racket to a goal and



back. Players can hold the racket any way they want, but they cannot touch the watermelon with any part of the body.

- **Speed Seed-Eating and Spitting Contest.** Cut the watermelons into wedges and place them on a table. Each team gets a styrofoam cup. On a signal teams start eating watermelon and spitting their seeds into the cup. The team that fills up its cup with seeds first is the winner.