

ICEBREAKERS

CONVERSATION STARTERS

1. If I could have lived in another time in history, I would choose (first and last choice):
  - a. the Golden Age of Greece
  - b. the Roman Empire
  - c. the medieval age of chivalry
  - d. the Italian Renaissance
  - e. Victorian England
  - f. pioneer days
  - g. the Gay Nineties
  
2. I look upon our own time in history as(circle one):
  - a. the best of times
  - b. the worst of times
  - c. the opportunity of a lifetime
  - d. 1984
  - e. the beginning of the end
  - f. the end of the beginning
  
3. I see myself in this present time feeling much like (circle one):
  - a. the Cowardly Lion (Wizard of Oz)
  - b. Don Quixote
  - c. a head-in-sand ostrich
  - d. Charlie Brown (Peanuts)
  - e. the Woodstock bird (Peanuts)
  - f. Winston Churchill
  - g. Mighty Mouse
  - h. Alfred E. Neuman (MAD)
  - i. Raggedy Ann
  - j. David, facing Goliath
  - k. Sad Sack
  - l. Chicken Little
  
4. Down deep inside, I am essentially (circle two):
  - a. never-say-die fighter
  - b. doomsday pessimist
  - c. incurable optimist
  - d. idealist
  - e. romantic
  - f. manic depressive yo-yo
  - g. mountain climber
  - h. seething volcano
  - i. basking-in-the-sun dreamer
  - j. easy-come, easy-go hobo
  - k. pragmatist

1. On the spectrum lines below, I fall someplace between (put an "x" where you see yourself):
 

	nester
a. adventurer	follower
b. leader	doer
c. thinker	turtle
d. rabbit	
  
2. If I could describe my present life with a piece of music. I would choose (circle two):
  - a. complex modern music
  - b. intellectual chamber music
  - c. simple folk music
  - d. frantic jazz
  - e. country Western music
  - f. heavy rock
  - g. light after-dinner music
  - h. stormy, passionate, Wagnerian opera
  - i. old-fashioned sentimental pops
  - j. deep, classical symphony
  - k. hosedown square dance music
  - l. rock and roll
  - m. \_\_\_\_\_
  
3. The idea of opening up and talking about my own hopes and dreams for the future sounds (circle two):
 

l. a waste of time	f. scary
b. boring	g. difficult
c. helpful	h. worthwhile
d. frightening	i. exciting
e. silly	j. OK, if....
  
4. During the next few weeks I could like to choose three and rank 1, 2, 3):
  - \_\_\_ have a ball
  - \_\_\_ get on the ball
  - \_\_\_ sort out my priorities
  - \_\_\_ make some lasting friendships
  - \_\_\_ get involved in my mission
  - \_\_\_ find out who I am
  - \_\_\_ discover my gifts
  - \_\_\_ be a part of a healing community
  - \_\_\_ reach for the stars

CREATIVE EXERCISE -- Your Lifeline: The line below represents your life-from birth to this moment. Using slash marks, divide the line into three or more periods and above the line identify them:(a)childhood, (b)adolescence, (c)youth, (d)college or service, (e)first job, etc. Underneath the line jot down where you lived during those times: On the line put the following symbols:

⚡ when a crisis occurred in your life--- ☆ when you were recognized for outstanding achievement--- ✖ when you were humiliated or suffered a failure--- † when God became more than a name to you--- ↑ when you grew spiritually--- ↓ when you went back spiritually--- ¶ for any happy surprises--- ♀ for times of doubt and disillusionment.