

MOTIVATIONAL DEVICE

Questionnaire (all work on their own- share what they will. Students keep them.)

How Other People See Me

- 1. People like me for
- 2. People criticize me for

How I See Myself

- 1. Some of my strong points are
- 2. Some of my weaknesses are
- 3. I enjoy most
- 4. I dislike most
- 5. More than anything I want
- 6. I feel that I am getting closer to (or farther away) from God. Why?
- 7. My best achievement was
- 8. My greatest fear is
- 9. The greatest day in my life was
- 10. What irritates me most about other people is
- 11. Some of my greatest convictions are
- 12. The best decision I ever made was
- 13. The greatest disappointment I ever had was

Follow-Up Discussion (The activity may lead into these points)

- We are always helping each other become who we are.
- Every person is a collection of what other people think of him or her.
- Criticism is a part of self development.
- We develop self-appreciation through others' praise.

Concluding Liturgical Penance Service

- 1. Purpose:
 - a. Learning to accept ourselves and each other involves reconciliation; e.g., acknowledgement of the things we've done to alienate ourselves. It also requires sorrow.
 - b. The Sacrament of Reconciliation should be a celebration of reunion. If possible, this class could include the sacrament or it could be followed by an opportunity for confession.
- 2. Preparation:
 - a. Large candle, record player, soft music (music that can serve as background and could speak of love, forgiveness, sorrow) small candle or gift.

(continued...)