

MY MOST EMBARRASSING BALLOON

Spread your group members out so they're two or three feet apart from each other. Blow up an extra-large balloon, and—while you pinch its neck—tell the kids that when you release the balloon and it

finally comes to rest, whoever's nearest it must tell the group his or her most embarrassing moment.

Then let the balloon go. While the first victim is collecting their thoughts, a nearby student should blow up a new balloon in order to release it after the first player talks. This icebreaker works best when it continues rapid-fire, so keep it moving.