

Taking a Stand



Big Idea: Declare who you are and then make some new friends

Supplies Needed: paper, markers, tape

Age Level: middle school or high school

This activity requires movement and offers a great option for your group when you are forced indoors or when you want to learn more about one another. Before the activity, number five pieces of paper consecutively, from one to five. Post these papers at eye level, at spaced intervals along one wall.

Tell the teenagers that as you read the following statements, they should stand beside the number that best represents their opinions. The paper marked "1" represents "I don't like this" or "I disagree with this." The paper marked "5" represents "I love this" or "I agree with this."