

EAT THE GREEN APPLES

To get my teenagers to open up during small group, I often use the board game Apples to Apples (available at most department stores).

Give each teenager a stack of the green cards from the game—these are the descriptive cards, which feature words such as “amazing,” “boring,” and so forth. As you’re discussing a topic, have them pick a card from their stack that describes how they feel about that topic. Sometimes the cards they pick are just hilarious, but sometimes they are insightful, and give me a glimpse into what that teenager is experiencing.

