

REFLECTION QUESTIONS

- How are you or can you be of service to the world?
- What do you consider your ministry (s)?
- Where do you commit your life energies?
- In what areas of your life are you most prone to self-rejection?
- What moments in your life with God stand out as crucial (spiritually, emotionally & intellectually significant) in your spiritual journey?
- Among these 3: 1- your own heart 2- scripture 3- community
where are your greatest gifts & greatest need?
- What persons, books, movements, programs have played a significant role in your spiritual growth?
- How do you picture God? What does God look & sound like when you close your eyes?
- When have you felt God's absence? What has been the impact of this on your faith?
- When have you felt God's personal presence? How has this affected your faith?
- Identify a persistent question at this time in your life
- How has a period of discontent or encounter with a special person challenged or changed your life course?
- Reflect on a time when a painful or persistent question was dismissed by you or others. What impact did that have on you?
- How do you listen attentively to God?
- What areas of your life are you tempted to hide from God?
- Who is in your faith community? What binds you together? What makes belonging a challenge?
- Who do you need to forgive for not being God?
- If you were a block of marble, what would God have to chip away to reveal the real you inside?
- Who in your community ministers with and to you?
- What pain & suffering have you had to endure in your life that brought you to where you are today?
- With whom do you share in ministry? What is the value of going out 2 by 2?
- In what ways is your ministry a drain on your spiritual life?
- In what ways does your life overflow with love because of your ministry?
- When you can't solve or fix a situation, how could simply being present make a difference?
- How well do you accept powerlessness in ministry?

- What questions would you explore with a spiritual director?
- What spiritual disciplines or practices do you wish to commit to?
- What promises will you make in order to fully live a spiritual life?