<u>Ways to show young</u> people you care

- 1. Say "Hi" to youths when you see them.
- 2. Ask them their opinions.
- 3. Make them feel accepted.
- 4. Ask them about themselves.
- 5. Listen to them.
- 6. Read to them.

7. Deal with problems and conflicts while they are still small.

- 8. Let them make mistakes.
- 9. Help them learn from mistakes.
- 10. Create a safe, open relationship.
- 11. Talk openly with them.
- 12. Become their advocate.

13. Let them know you are always there for them.

- 14. Look in their eyes when you talk to them.
- 15. Empower them to empower themselves.
- 16. Share a meal with them.
- 17. Take them on a boat ride.
- 18. Take them to a professional sports game.
- 19. Encourage them to think big.
- 20. Welcome their suggestions.
- 21. Tell them you are willing to listen anytime.

22. Give them your phone number/e-mail address.

- 23. Ask them to teach you something.
- 24. Forgive them.
- 25. Let them have another chance.
- 26. Ask them to forgive us.
- 28. Thank them.
- 29. Help a youth with their homework.
- 30. Be honest.

- 31. Be yourself.
- 32. Let them know you are a friend.
- 33. Be flexible.
- 34. Share their excitement.
- 35. Notice changes and ask.
- 36. Take a youth horseback riding.
- 37. Go rafting or canoeing with a youth.
- 38. Take a youth to a movie.
- 39. Ask them what they believe in.
- 40. Give them your full attention.

41. Ask them what their dreams are and encourage them that those dreams are achievable.

- 42. Help them believe in themselves.
- 43. Be open to possibilities.
- 44. Learn their names.
- 45. Listen to their stories.

46. Let them know you love them no matter what.

- 47. Be a mentor.
- 48. Give a youth a sense of responsibility.
- 49. Hire a youth.
- 50. Give compliments freely.
- 51. Give your child a hug.
- 53. Offer a ride.
- 54. Acknowledge a great skateboarding maneuver.
- 55. Coach a team.
- 56. Take a youth hiking, or camping.